

Children and Young People's Partnership

A meeting of Children and Young People's Partnership was held on Wednesday, 16th November, 2016.

Present: Jane Humphreys (Chairman), Cllr Mrs Ann McCoy, Priti Butler, Gemma Clifford, Martin Gray, Bev Bearne, Alaister Simpson, Janet Seddon, Maryssa O'Connor, Janet Mackie, Chris Davis, Natash Judge, Emma Champley

Officers: Diane McConnell, Michael Henderson, Jane Smith (SBC)

Also in attendance: Judith Rees, Jackie Cotton, Lorraine Spence (NTHFT) Ellen Watson, Leanne Weston (Young People Observers)

Apologies: Hazel Ducker, Catherine Joyce, Jo Heaney, Liz Boynton, Jane Barker

1 **Declarations of Interest**

There were no declarations of interest.

2 **Minutes of the meeting held on 19 October 2016**

The minutes of the meeting held on 19 October 2016 were confirmed as a correct record.

3 **Minutes of Children and Young People's Health and Wellbeing Commissioning Group - 5 October 2016**

The minutes of the meeting of the Children and Young People's Health and Wellbeing Commissioning Group - 5th October 2016 were moted.

4 **Safeguarding Pupil Survey**

Members received a report relating to the outcomes of a Stockton survey with secondary aged pupils and the implications of the outcomes for future service planning.

Members noted the report and discussion could be summarised as follows:

- a response to the survey indicated that 71% of pupils said that they could get help if they were in an abusive relationship. It was recognised that this was positive however, 29% had indicated that they felt they would be unable to get help in such a situation . It was agreed that this was something the Domestic Abuse Steering Group would need to take into account during its work.

- school nurses had undertaken bespoke training around Domestic Abuse which should help them during contact with pupils.

- schools had responded very positively to the information that the survey had generated. Primary and secondary schools were looking at different strategies to support students Emotional Wellbeing and Mental Health. The survey had helped steer the direction that schools needed to take in a number of areas.

- it was felt that the survey had genuinely taken partners forward in terms of

understanding the voice of the child a little more.

- the Emotional Health and Wellbeing and Early Help/Interventions work being undertaken would draw on the outcomes of this survey. Lots of the information gleaned was already being used.

- there were some important outcomes from the survey that needed to be considered, relating to how young people perceived the support that their school offered them.

- outcomes were anonymously benchmarked, so each school was aware of its position set against other schools.

Members noted some of the work that was being undertaken as a result of the survey:

- A training programme, devised to enable educational professionals to access appropriate training and guidance to build capacity in schools to support pupils better.
- Schools would be invited to participate in a pilot, funded through the Future in Mind work, to trial a hub approach to services.
- Services would ensure their pathways were more explicit, so schools were aware of what could be accessed and how this could be available in a timely manner.
- Targeted work in schools would focus on individual school support and challenge.

It was explained that the survey would be repeated in 2018 to benchmark progress.

RESOLVED that the report and discussion be noted.

5 Gestation Related Optimal Weight - Presentation

The Partnership received a presentation relating to Gestation Related Optimal Weight (GROW).

The GROW project had been introduced last year into the North Tees and Hartlepool Trust.

Members noted the aims of GROW training for midwives was to :

- promote best practice
- understand risk assessment at booking
- standardise measurement
- expand awareness of referral criteria

Members noted some of the issues associated with foetal growth restriction including, neonatal death, sudden infant death syndrome and diabetes and other chronic diseases in later life.

Members were provided with details of the reducing stillbirth and Early neonatal death care bundle, which had four elements:

- smoking cessation
- foetal Growth Restriction
- foetal Movement
- foetal monitoring in labour

Discussion of the presentation could be summarised as follows:

- the work being undertaken recognised that every woman was different and moved services towards individualised care.
- diet was a key discussion that was had with pregnant women. Mother and baby were at greater risk if the mother was overweight.
- Accuracy of measurement was more challenging in overweight pregnant women.
- it was noted that, as a result of the introduction of this project, and some other programmes, the induction rate had gone up 5%, but outcomes were still good at delivery. Increased inductions did have an effect on staffing but would produce better longer term outcomes.
- there was regular assessments of staff's measuring approach, to ensure consistency.

RESOLVED that the presentation and discussion be noted.

6 Pregnant Smokers

Members received a presentation relating helping pregnant smokers to quit.

Members were provided with information about:

- NICE Guidance 'How to stop smoking in pregnancy and following childbirth'
- Pathway of care for women who were pregnant
- the Baby Clear Project targeting women who smoked during pregnancy, immediately following a scan.

During discussion it was noted that:

- smoking during pregnancy, in the North East, was significantly higher than the national figures and London. Stockton/Hartlepool rate was at 18.1%, whereas the national figure was 10.6%.
- more white British women smoked during pregnancy than other ethnic groups.
- women who had quit smoking during pregnancy were contacted 6 months post delivery and, nationally, about 65% did take it up again, though the figure for

North Tees was around 55%.

- it was too early to gauge the impact of e cigarettes.

RESOLVED that the presentation and discussion be noted.

7 UNICEF Breastfeeding Audit - presentation

Members received a presentation on UNICEF UK Baby Friendly Initiative (BFI)

It was explained that this was a world-wide programme to look at poor hospital practices and aggressive marketing by milk companies that had resulted in a decrease in breastfeeding rates. The BFI worked with UK public services to protect, promote and support breastfeeding and to strengthen mother-baby and family relationships.

Members were provided with details of the following UNICEF standards:

- Maternity
- neonatal
- Health Visiting
- Children's Centres

North Tees was reassessed in May 2016 and the Partnership was provided with details of areas of good practice and areas for improvement.

Details of what the Trust had introduced to support the UNICEF Standards were provided including examples of posters, remember cards, guides to feeding, training etc.

During discussion the following issues were raised.

- breastfeeding passed on immunity to the baby.
- it may be useful to use the Fairer Start Champion Programme to help raise awareness ,assist in clinics etc. It was explained that this had been raised with Catalyst.
- there was a correlation between those who smoked during pregnancy and those who decided not to breastfeed.

RESOLVED that the presentation and discussion be noted.

8 Performance Report

Member were provided with a report that provided a summary and commentary on performance measures in 2015-16. Most of the results were provided as of the end of the financial year, but a number were provided as of the end of the academic year where that provided a more complete picture of performance.

RESOLVED that the report be noted.

9 Domestic Abuse Event

Members considered a report that provided some of the key points coming from a joint partnership event focusing on Domestic Abuse.

It was noted that the outcomes of the event were being taken forward by the Domestic Abuse Steering Group.

The Group was looking at a new approach to Domestic Abuse and particularly around the following areas:

- supporting victims
- perpetrators (IOM type programmes)
- impact on children and families
- prevention and early intervention
- attitudes and tolerances in the community.

Members of the Steering Group had been tasked to identify new emerging practice.

There was a discussion around Domestic Abuse and operation Encompass in particular; this is summarised below:

- details of the regional bid for Domestic Abuse Transformational funding was provided. The bid was being led by Northumbria Police and involved 6 Police forces in the region, including Cleveland. Part of the bid related to children and schools and Operation Encompass Plus.
- it was suggested that Operation Encompass Plus should involve sharing information with Health providers, via the Children's Hub. It was noted that this would be considered further.
- there was discussion about how a child might continue to be supported, long term, when the support, triggered by Encompass, started to reduce. It was noted that the Steering Group would be considering what services were currently in place and what may need to be commissioned.
- in terms of different initiatives, relating to Domestic Abuse, one of the Partnership's members referenced the Clean Room initiative that operated in Tameside.
- partners needed to find a way to support children regardless of parents' willingness to engage.
- an evaluation of Encompass would be available soon.

RESOLVED that the report be noted.

10 CYP Emotional health and Wellbeing Strategy

Members received an report on the refresh of the Hartlepool and Stockton on Tees Children and Young People's Mental Health and Wellbeing Transformation Plan 2015 - 20.

CCG priorities within the Plan included:

- Perinatal Mental Health
- Development and implementation of a pilot for intensive home treatment
- improving access and treatment for children and young people with Autistic Spectrum Disorder
- Improving Access to Psychological Therapies for children and young people.
- ability to deliver concordant care for people who were experiencing the first episode of psychosis

Specific Stockton priorities included:

- research/intelligence gathering activity
- Emotional Resilience Offer
- Therapeutic Support for Carers
- Family therapeutic support

Members noted funding allocations for the eating disorders service 2016/17 was £166,000 and £657,353 for Future in Mind.

It was explained that the Health and Wellbeing Board had endorsed the draft refreshed priorities and financial allocation within the Transformation Plan 2015 - 2020, at its meeting in October 2016.

The Partnership supported the Plan.

RESOLVED that the report be noted.

11 Forward Plan

Members considered the Forward Plan

RESOLVED that the Forward Plan be noted.